

# Silver Lake Mustang News

SILVER LAKE ELEMENTARY SCHOOL NEWSLETTER



JANUARY 2020

VOLUME 3, ISSUE 5

## From the Principal

*Happy  
New Year*

Welcome back, I hope everyone had a wonderful holiday break and have had the opportunity to be re-energized with our friends and families.

Entering January, many of us have new year resolutions and goals for stronger routines. As integral partners in your student's success, we always look forward to working with our parents and guardians to support and monitor our student's learning. Settling in the new year, here are some routines to help students start the second half of the year off on a positive note.

- **Attend school regularly and on time:** The first step of doing our best is arriving at school each day on time. Please remember that the first bell rings at 9:10 a.m. and the late bell rings at 9:15 a.m.
- **Get plenty of sleep:** Scientists have found that students who do not get enough sleep have difficulty paying attention in class and do not do as well in school. Recommended amounts of sleep range from about 8½ to 11 hours a night for elementary students.
- **Eat healthy:** Encourage your children to eat more fruits, nuts, and vegetables and drink at least eight (8 oz.) glasses of water every day. Limit the amount of soda and snack foods your children eat.
- **Monitor learning:** Go through their backpack each night, checking for homework to be completed or important papers/communications to be read. Praise them when you hear their great stories of learning or see a good grade on their latest assessment. They need validation for the good work they are doing. Lastly, connect with your teacher via email or **Seesaw** if you have any questions.
- **Teach Growth Mindset:** Encourage your children to take the time to carefully complete all assignments at school and home, ask questions when they do not understand a task, demonstrate perseverance (that means keep trying – even when the work is difficult), and eliminate the word “can’t” from their vocabulary.

## Daniel Natividad Principal

Silver Lake Elementary School  
12815 Bothell-Everett Hwy.,  
Everett, WA 98208  
[www.everettsd.org/silverlake](http://www.everettsd.org/silverlake)

### **JAN. 6**

First Day Back To School

### **JAN. 10**

Mustang Milers, 8:25 a.m., Gym

Learning Improvement Friday, 2:15 p.m.

### **JAN. 14**

Hearing Screening

### **JAN. 17**

Mustang Milers, 8:25 a.m., Gym

Learning Improvement Friday, 2:15 p.m.

### **JAN. 20**

NO SCHOOL – Martin Luther King Day

### **JAN. 23**

Family Game Night, 4:00 p.m., Library  
PTA General Meeting, 7:00 p.m., Library

### **JAN. 24**

Mustang Milers, 8:25 a.m., Gym

Learning Improvement Friday, 2:15 p.m.

### **JAN. 27**

NO SCHOOL – Teacher Work Day

### **JAN. 31**

Mustang Milers, 8:25 a.m., Gym

Learning Improvement Friday, 2:15 p.m.



Students are encouraged to make it a goal to do their personal best at school every day and never give up.

- **Read, Read, Read:** Success in school depends on a student's ability to read and understand what they have read. Students should read a variety of books, including folktales, poetry, biographies, fiction, and more. Read to get information, read for fun, read to someone in your family...just read!
- **iReady:** If you have computer access, encourage your student to complete 45 minutes of lessons on math and reading for the week. Be sure to seat with them to see if they are passing their online lessons at 70% or higher passing rate.

As always, it is a privilege to work with your students. Thank you for being effective partners to ensure the success of our students at Silver Lake Elementary. Go Mustangs! ~Daniel Natividad

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## From the Counselor

Happy New Year! Our tradition as a culture is to begin with a New Year's Resolution -- a time to make positive changes in our lives. Some of these are related to exercising, losing weight, eating healthy or spending more time with loved ones. We are always looking for ways to motivate ourselves to manage our lives in a more balanced and healthy way.

At Silver Lake, we are always looking for positive ways to motivate students. Students are reminded to use their agendas to keep track of classwork and homework. They are given leadership opportunities in the classroom to practice responsibility. We give students guidance lessons in self-management skills and create small groups to practice these skills.

These skills when noticed by school staff are rewarded with positive attention. Students can receive Mindful Mustangs which show they have been seen following one of our four schoolwide expectations which are: Be Respectful, Be Responsible, Be Safe, and Be Kind. They also can receive a Model Mustang from a staff member or a peer outlining how the student has contributed positively to our school community. These awards are hung in the main hallway of Building A to celebrate our students' successes.

As we cruise toward Spring Break, as your students about how they have been rewarded for showing self-management at school!

Mrs. Surowiec

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## MUSTANG MILERS ON THE MOVE

Since starting in November, Mustang milers have gone over 550 miles! The group meets Friday mornings, from 8:35 a.m. -8:55 a.m. in the gym to do laps (occasionally going outside). Participants need to complete a simple permission slip and join in. Every grade is represented on any given Friday morning. For every five miles completed, students earn a token. As of the end of December, over 25 students will have earned a token. Great fitness efforts- Come join us!



## Because we care about protecting students and their families from contagious diseases . . .



- Please keep an ill student home, or make arrangements with a caregiver, when signs or symptoms of illness are present.
- Students with symptoms of illness at school may place other students at risk of illness, and will need to be picked up promptly.
- Please notify us if your student has a contagious illness. An exposure may be life-threatening for others with fragile immune systems or certain medical conditions.
- Your student's health information will be treated confidentially.

**Fever** – Temperature of 100 degrees Fahrenheit or higher. Student needs to be fever free for 24 hours before returning to school. Giving a fever reducing medication just before returning to school does not make a student well. It may only mask the fever until the medication wears off. In this situation, a student needs to be home so others are not exposed to illness.

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## Box Tops for Education has gone digital! No more clipping!

For over 20 years, Box Tops for Education has given families an easy way to earn cash for our school, with products we already buy! Now you can simply scan your store receipt (within 14 days of purchase) with the Box Tops FREE mobile app to identify participating products and instantly add cash to our PTA's earnings online!

If you have older Box Tops that are not digital, please continue to send them in to school to be counted. Box Tops will still be accepting clipped ones until they expire in 2021. **If you have any questions, please ask Melissa Martinez, PTA Box Top Coordinator.**




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## Twitter



Follow us on Twitter as we share insights and updates!

Go to [https://twitter.com/EPS\\_SilverLake](https://twitter.com/EPS_SilverLake) and see what's happening in OUR school.

#EPS\_AlwaysLearning #EPS\_Principals #GoMustangs



## i-Ready<sup>®</sup> Parent Guide

***i-Ready* is an interactive online learning program that helps students build essential skills in reading and mathematics.**

*i-Ready* starts with an online diagnostic test that students take in class to identify the specific skills each student needs to develop and measure academic growth through the school year. It also provides students with personalized online instruction and gives teachers guidance on how they can best support the needs of each and every student.

*i-Ready* encourages students to take ownership of their learning. Students get real-time feedback, see motivating messages, and earn credits after completing lessons that they can use to get rewards, such as games. *i-Ready*'s engaging environment draws students in right away and gets students of all ages excited about learning.

### **How can you help your child get the most out of *i-Ready*?**

- **Speak with your child about how using *i-Ready* will help him or her prepare for class work.** Also explain that *i-Ready* will show teachers where your child is doing well and which topics need some more review.
- **Encourage your child to take each lesson and quiz question seriously.** Emphasize "thinking before clicking," because just clicking through will not give teachers an accurate report of what your child knows and is able to do.
- **Help your child identify and become familiar with the different parts of the student dashboard.**
- **Encourage your child to use the tools that will appear at the bottom of the screen in some lessons.**
- **Discuss your child's results by looking at "My Progress" together** to see the number of lessons your child has completed in *i-Ready* and the percentage of questions your child answered correctly in the quiz at the end of each lesson.
- **Contact your child's teacher about how often your child should practice at home,** or with any other questions about *i-Ready*.



## District News

### January is School Board Appreciation Month

The month of January marks the annual observance of School Board Recognition – a time to salute the work of school board members and celebrate public education. You can learn more about [board members online](#). You can also watch past school board meetings on the district's YouTube channel.

### Good Citizenship Day



Good Citizenship Day shall be observed on January 16. On that day, social studies teachers coordinate a voter registration event in each history or social studies class attended by high school seniors. Students who will be eighteen years of age or older by the time of the next general election will be given the opportunity to register to vote online in the classroom. Paper registration will also be made available in the classroom.

### Delayed start or closed schools

If we must cancel school or delay the start of school, we will use our parent communication system to call in the morning, typically around 5:30 a.m., with a brief message about the reason for closure or delay. We will also use local media and post the message on our website. **If there is no announcement about Everett Public Schools, school is on the regular schedule.** More information and resources for school closures or delays is on the district website under the *Parents* tab.

In cases of inclement weather or other emergencies, please:

- check your email or phone for district messages
- listen for media announcements
- view the district's website at <https://www.everettsd.org/>
- watch district [Facebook](#), [Twitter](#) or [Instagram](#) accounts

### Food and Nutrition

This month, the Food and Nutrition Department brings you potatoes grown in the PNW! Be sure to check out our menu for dishes containing this tasty Harvest of the month!

Did you know that potatoes are the most popular vegetable grown in the US and are an excellent source of Vitamin C, B6 and potassium? Find out more by checking out the Harvest of the Month flyer on our website at <https://www.everettsd.org>





I have so many potato jokes. I just don't know where to starch.

## Safety tip line


Do you or your student have a concern about someone experiencing bullying or harassment? Or have you perhaps heard a rumor about someone bringing a weapon or drugs to school? **Report it!** You can talk directly with your school's office or you can call, text or email your concern.

If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods.


Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.

### 3 easy ways

Text or call

 855-637-2095

 1350@alert1.us

 <http://1350.alert1.us>



3900 Broadway  
Everett, WA 98201  
425-385-4000  
[www.everettsd.org](http://www.everettsd.org)

Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Title IX Officer/Civil Rights Compliance Officer – Mary O'Brien, MO'Brien@everettsd.org, 425-385-4106, PO Box 2098, Everett, WA 98213
- 504 Coordinator – Becky Ballbach, rballbach@everettsd.org, 425-385-4063, PO Box 2098, Everett, WA 98213
- ADA Coordinator – Randi Seaberg, rseaberg@everettsd.org, 425-385-4104, PO Box 2098, Everett, WA 98213